

Attached list 23b. Dementia (MMSE increment)

Author	Disease	Way of Acup	Index	Group	Number of participants	Before	After	MMSE point increment (%)
于涛 (2007)	Vascular dementia	Once a day for 5 days, having 2 days break. Continue for 12 weeks.	MMSE after 12 weeks	hydergine	31	16.9	19.1	11.5%
				Acup	32	17.6	21.3	17.4%
于涛 (2007b)	Vascular dementia	Once a day for 5 days, having 2 days break. Continue for 12 weeks.	MMSE after 12 weeks	Nimodipine	31	26.31	26.34	0.1%
				Acup	33	26.12	27.85	6.2%
冯德琳 (2013)	Vascular dementia	Once a day for 6 days. Totally 6 weeks.	MMSE	donepezil	24	21.89	23.32	6.1%
				Plus Acup	24	22.26	24.54	9.3%
冶尔西 (2011)	Vascular dementia	Once a day for 5 days, having 2 days break. 4-week is one course. Totally 2 courses.	MMSE	Basic + Rehabilitation	34	15.65	17.49	10.5%
				Plus Acup	35	16.14	21.88	26.2%
刘阳 (2011)	Vascular dementia	Once a day for one month	MMSE	No treatment	20	10.6	10.3	-2.9%
				Oral huperzine A	20	10.5	12.8	18.0%
				Herb + Acup	20	10.2	20.5	50.2%
刘翼程 (2005)	Vascular dementia	Once a day for 15 days. Total 30 days.	MMSE	Acup	40	19.07	23.15	17.6%
卢中莲 (2006)	Vascular	Once a day for 30 days.	MMSE	Nimodipine	64		19.6	23.8%

dementia					14.93			
				Herbs + E- Acup	72		22.03	27.1%
						16.06		
卢昌均 (2013)	Vascular dementia	Once a day, 6 days a week, for 3 months	MMSE at 3 months	Oral huperzine A	30	17.45	25.5	31.6%
				Herbs + Acup	30	17.21	24.9	30.9%
史哲 (2014)	Vascular dementia	Once a day for 28 days.	MMSE	Acup	21	12.48	17.14	27.2%
史洪润 (2009)	Vascular dementia	Once a day, 6 days a week, for 8 weeks	MMSE	citicoline + Acetamide Pyrrolidone	31	14.2	16.6	14.5%
				Plus Acup	31	16.6	18.6	10.8%
吉学群 (2012)	Vascular dementia	Twice a day for 4 weeks	MMSE	Nimodipine + Acup	42	15.63	19.66	20.5%
				Nimodipine + Speical Acup	43	15.39	22.51	31.6%
吴晓红 (2008)	Vascular dementia	Once a day. 10-session is one course. Totally 3 mohths	MMSE	Herbs	30	15.44	18.59	16.9%
				Acup	30	15.37	18.73	17.9%
				Herbs + Acup	40	15.5	21.53	28.0%
吴芙蓉 (2010)	Vascular dementia	Once a day. 14-day is one course for 6 courses.	MMSE	Nimodipine	24		20.45	15.0%
						17.39		
				Plus Acup	24		23.68	26.0%
						17.52		
吴远华 (2010)	Vascular dementia	Once a day, 5 days a week. 15-day is one course. Totally 6 months.	MMSE	Oral huperzine A	42	18.64	20.07	7.1%
				Plus Acup	43	18.33	22.19	17.4%

周薇 (2012)	Vascular dementia	Once a day, 6 days a week, for 6 weeks.	MMSE	Body Acup	30	16.23	18.86	13.9%
				Body Acup + scalp Acup	30	16.86	19.37	13.0%
周霞 (2011)	Vascular dementia	Once every other day. 15-sessoin is one course. Totally 3 courses.	MMSE	hydergine	50	11.42	18.97	39.8%
				E-Acup	50	12.57	28.56	56.0%
孙远征 (2008)	Vascular dementia	Once a day, 6 days per week, total 30 days.	MMSE	duxil tablet	25		21.04	16.0%
						17.68		
				E-Acup	25		19.24	15.8%
						16.20		
				E-Acup + Naodesheng pill	25		21.92	20.4%
						17.44		
孙善斌 (2009)	Vascular dementia	Once a day for 3 weeks	MMSE	Aniracetam tablet	26	17.09	19.28	11.4%
				Acup	28	16.79	19.68	14.7%
孟学峰 (2009)	Vascular dementia	Once a day for 30 days	MMSE	Nimodipine	30	15.69	18.19	13.7%
				Acup	30	15.62	21.73	28.1%
安鹏 (2014)	Vascular dementia	Once a day, 5 day a week, for 60 day.	MMSE	duxil tablet	30	23.61	24.96	5.4%
				Acup	30	23.55	25.34	7.1%
崔乐乐 (2015)	Vascular dementia	Once a day, 6 days a week, for 4 weeks	MMSE	Nimodipine	30	17.1	24.48	30.1%
				Plus Acup	30	17.24	26.7	35.4%
张淼 (2008)	Vascular dementia	Once a day for 60 days	MMSE	Naodesheng pill	20	15.96	17.43	8.4%
				Acup	20	16.01	18.49	13.4%
				Naodesheng pill + Acup	20	15.88	21.04	24.5%

张件云 (2015)	Vascular dementia	Once a day, 5 days a week, for 56 days.	MMSE	donepezil + piracetam	36	15.86	17.92	11.5%
				Plus herb, Acup	36	16.53	19.92	17.0%
张瑞 (2010)	Vascular dementia	Once a day for 8 weeks	MMSE	duxil tablet	30	12.34	19.48	36.7%
				Acup	30	12.17	21.49	43.4%
张立 (2015)	Vascular dementia	Once a day, 6 days a week, for 8 weeks	MMSE	Rehabilitation	20	20	23.25	14.0%
				Acup	20	20.3	23.2	12.5%
				Rehabilitation + Acup	20	20.25	25.25	19.8%
张虹 (2008)	Vascular dementia	Once a day, 5 days a week, for 6 weeks	MMSE	Nimodipine	81	17.98	20.04	10.3%
				E-Acup	78	19.13	23.45	18.4%
				Nimodipine + E-Acup	82	18.60	23.89	22.1%
李丽丽 (2014)	Vascular dementia	Once a day, 5 days a week, for 3 months	MMSE	Oxiracetam capsule	50	17.32	19.44	10.9%
				Acup	50	17.13	22.93	25.3%
李佩芳 (2008)	Vascular dementia	Once a day, 6 days a week for 4 weeks	MMSE	Acup	43	20.7	21.92	5.6%
				Special Acup	43	20.21	26.28	23.1%
李墨 (2011)	Vascular dementia		MMSE	Conventional Therapy	35	14.4	16.5	12.7%
				Acup	35	14.5	18.7	22.5%
李思 (2014)	Vascular dementia	Once a day, 6 days a week for 4 weeks	MMSE	Nimodipine + Acup	42	17.09	22.14	22.8%
				Nimodipine + Special Acup	42	16.65	24.93	33.2%
李智杰 (2012)	Vascular	Once a day, 5 days per	MMSE	hydergine	48	15.9	17.4	8.6%

	dementia	week, total 12 weeks		Acup	96	15.7	18.4	14.7%
李滋平 (2010)	Vascular dementia	Once a day, 6 days a week, for 12 weeks	MMSE	duxil tablet	30	19.8	22.89	13.5%
				Acup	32	19.74	24.31	18.8%
李特 (2013)	Vascular dementia	Once a day, 5 days a week, for 12 weeks	MMSE	Body Acup	26		18.05	26.1%
							13.33	
				Scalp Acup	26		19.95	30.9%
						13.79		
段文艳 (2009)	Vascular dementia	Once a day, 5 days a week, for 4 weeks	MMSE	duxil tablet	45	14.4	16.9	14.8%
				Acup + herbs	45	13.3	19.4	31.4%
毛庆菊 (2015)	Vascular dementia	Once a day, 6 days a week, for 30 days	MMSE	Piracetam	20	18.13	21.26	14.7%
				Acup	20	17.76	24.15	26.5%
				Special Acup	20	17.96	26.75	32.9%
王华政 (2015)	Vascular dementia	Once a day, 6 days a week, for 8 weeks	MMSE	Aricept	45	18.11	20.58	12.0%
				Plus Acup	45	17.75	23.53	24.6%
欧阳武 (2012)	Vascular dementia	Ten days per month, total 3 months	MMSE	Nimodipine 和 Acetamide Pyrrolidone	19	16.39	19.29	15.0%
				Naoxintong capsule + Acup	37	16.7	22.89	27.0%
王家祥 (2013)	Vascular dementia	Once a day, 5 days a week, for 12 weeks	MMSE	Acetamide Pyrrolidone	30	13.91	15.87	12.4%
				Herbs + Acup	30	13.24	18.86	29.8%

王庆向 (2012)	Vascular dementia	Once every other day for 14 days	MMSE	Cerebroprotein Hydrolysate Tablets + piracetam	26	16.41	19.28	14.9%
				Herbs + Acup	40	16.69	22.86	27.0%
王敏 (2005)	Vascular dementia	Once a day, 5 days a week, for 8 weeks	MMSE	hydergine + pyritinol	30	17.08	19.96	14.4%
				Plus Acup	31	17.12	21.89	21.8%
王海燕 (2009)	Vascular dementia	Once a day. 2 week is one course, totally 8 weeks	MMSE	Conventional Therapies	34	16.63	19.04	12.7%
				Plus Acup and Rehabilitation	34	16.54	21.45	22.9%
王磊磊 (2013)	Vascular dementia	Once a day, 6 days a week, for 6 weeks	MMSE	Nimodipine	30	15.98	17.94	10.9%
				Plus E-Acup	30	14.39	19.98	28.0%
王胜男 (2014)	Vascular dementia	Once a day for 4 weeks	MMSE	Aricept	30	14.77	16.33	9.6%
				Herbs + Acup	30	15.03	20.43	26.4%
符少杨 (2014)	Vascular dementia	Once a day, 5 days a week, for 3 months	MMSE	Herbs	34	16.1	23.3	30.9%
				Plus Acup	34	16.4	25.6	35.9%
管叶明 (2009)	Vascular dementia	Once a day, 6 days a week, for 12 weeks	MMSE	Xin Luo Shu (herbs)	33	18.12	21.36	15.2%
				Plus Acup	35	17.86	24.16	26.1%
苏保江 (2012)	Vascular dementia	Once a day. 10-day is one course. Have 5-day break before next course.	MMSE	aniracetam	30	16.67	19.56	14.8%
				Plus Acup	30	16.75	24.03	30.3%
薛莉 (2013)	Vascular	Twice a day for 30 min	MMSE	Nimodipine	120	26.67	27.11	1.6%

	dementia			Acup	120	26.75	28.63	6.6%
赖新生 (2000)	Vascular dementia	Once a day, 5 days a week, for 42 days	MMSE	Jing-three-needle Acup	35	18.2	22.7	19.8%
				Special Acup	39	17.6	21.7	18.9%
赵军 (2009)	Vascular dementia	Once a day for 28 days	MMSE	duxil tablet	30	14.3	16.87	15.2%
				Acup	30	14.77	18.07	18.3%
赵志轩 (2013)	Vascular dementia	Once a day, 6 days a week, for 60 days	MMSE	duxil tablet	30	17.9	20.93	14.5%
				Acup	30	18	23.3	22.7%
边晓东 (2009)	Vascular dementia	Not clear	MMSE	Nimodipine	30	16.35	21.33	23.3%
				Acup	30	16.45	26.36	37.6%
邢越 (2007)	Vascular dementia	Once a day, 6 days a week, for 3 months	MMSE	Acetamide Pyrrolidone	25	18.65	20.85	10.6%
				Herbs + Acup	25	18.85	21.95	14.1%
郝卫平 (2012)	Vascular dementia	Once a day, 5 days a week, for 2 months	MMSE	Oral huperzine A	37	15.63	18.81	16.9%
				plus Acup and Herbs	43	15.51	21.53	28.0%
金海涛 (2013)	Vascular dementia	Once a day, 5 days a week, for 4 weeks	MMSE	hydergine	48	16.04	16.39	2.1%
				Herbs + E-Acup	96	15.59	16.77	7.0%
陈英华 (2013)	Vascular dementia	Once a day, 6 days a week, for 4 weeks	MMSE	Acup	30	17.1	20.1	14.9%
				E-Acup	30	17	21.5	20.9%
黄凡 (2011)	Vascular dementia	Once a day, 6 days a week, for 4 weeks	MMSE	E-Acup	44	21.55	23.18	7.0%
				Special Acup	43	21.77	25.68	15.2%

齐红梅 (2004)	Vascular dementia	Once every other day. 10-day is once course for 3 moths.	MMSE	ginkgo leaf extract、pyritinol	24	20.95	23.0	9.1%
				Special Acup (clearing-mind-nourishing marrow)	36	20.22	27.0	25.1%